



The Go Deeper Forum 2010

NEW FORMAT

In the past four years The Go Deeper Forum has had a profound impact on everyone who has experienced it. Through the group dynamic of common intention we have let it form and flow organically each time we get together. In 2010 we have made some changes to the format to ensure it continues to offer value to everyone who chooses to attend.

In February we held the first Go Deeper Forum for 2010. We started with a more structured “workshop” type process at the beginning where Lorna facilitated open discussion and personal perspectives supported by a key model and some deeper distinctions. We then moved into a deeper state through a powerful guided meditation with Dorje. And we all went deeper ... the energy in the room was powerful and beautiful and peaceful and our day completed with everyone sharing their particular “take-away’s” - simply amazing.

We have decided to continue with this format for the rest of this year and we invite you to come along and experience the magic of Go Deeper for yourself.

Here’s what some people are saying about it:

“Hanging out” in the Go Deeper forum is a wonderful opportunity to explore and experience what it is to ‘Be’. The space created by Lorna and Chris (Dorje) invites me to let go of how I think it needs to be and to allow the day to unfold in a subtle yet profound way, dropping more deeply into who I really am. All at once peaceful, challenging, thought provoking and as REAL as it comes. I’m grateful for this unique offering unlike any ‘group’ session I’ve ever attended.

David Walker, Dare to be Remarkable

Going Deeper is a wonderful opportunity for me to re-connect with my creative self, ‘be’ with like hearted others, allowing me to learn more about myself so I can be ever present when counselling, coaching or educating. There are no expectations of outcomes, nothing to ‘do’ and that is the exquisiteness of Going Deeper. A banquet for my soul!

Sue Lett, HR Manager Ray White Real Estate

When I look in my diary and realise that Go Deeper is on in a couple of days time, my whole being goes ‘aaaaaah’. Go Deeper is the most beautiful, loving and opening up space to come into. I have a small business that I run and I’m a wife and mother of a 2.5 year old little boy. Go Deeper for me is a place where I can be there just for me in an intimate environment with other like minded people who love enquiring about life. It’s like having a bath, putting on my pyjamas and having a glass of wine after a really busy day. But not only do I melt and rest, I also get filled up with inspiration which then gets carried forward into my relationships, my parenting and my work. I guess you could also say it’s like going to a strategy meeting without having to think or do any work. The inspiration comes from the space that Lorna and Dorje create and I have to say that their ‘combo’ is also quite special and very, very entertaining!

Gisele Gambi, Dare to be Remarkable

Go Deeper is an extraordinarily simple and profound experience; one where we are invited to be still, to reconnect with our true selves and to honour our own and others’ vulnerability. In a world of increasing busyness and decreasing attention spans the Go Deeper space is a chance to renew and replenish an essential soul craving to ‘be’ rather than to do. Open your heart, go deeper and surrender, knowing you are loved and supported exactly as you are.

Fiona Pearman, Brand Management Strategies

“GO DEEPER : Is a chance to immerse myself in the Being space with other like minded souls under the loving guidance of 2 spiritual superstars in Lorna and Dorje. In this space , freed from agenda and form , miracles happen as I uncover layers of myself both in myself and through the experiences of my peers in the group .This experience is thoroughly enjoyable and I wouldn’t miss it.”

Nick Murfett, Murfett & Co Lawyers



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For what purpose?

In this quarterly forum you will explore the very nature of who you are, what you are really here for and what's really going on inside you and outside you. Focusing on your process in a group setting, you will have room to breathe and time to feel in a safe space with like minded others. Imagine enjoying a banquet for your mind, heart and soul every 90 days – with “nothing to do” and “nowhere to go” – just space to be.

Why you?

When you invest in going deeper in your own process, you offer your clients a profound opportunity to go deeper into theirs. When this occurs, magic happens. As you open up, your clients open up; as you become more aware, your clients become more aware; when you have more choices, your clients have more choices. If this is important to you, this forum is for you.

What, when and where?

The Go Deeper forum occurs 4 times per year for 1 full day (9:30am - 4:30pm)

Dates for 2010 are:

- Friday February 12th
- Friday May 28th
- Friday August 20th
- Friday November 12th

All sessions are held in Sydney at The Crows Nest Centre.

What does it cost?

\$500 (plus gst) per session, payable on invoice. (Concessions are available for students, pensioners and people on low incomes. Please contact Maxine Lynch maxinel@openup.com.au to discuss your particular situation.)

How do I register?

Complete the attached registration form and email to Maxine Lynch maxinel@openup.com.au. Confirmation and venue details will be sent to you.

If the registration form isn't attached, you can download it by [clicking here](#).

